



Families in Focus CIC

A Complete Guide to Parenting Children with Additional Needs



This popular, award winning parenting course is facilitated by Francine & Lesley who are experienced and qualified trainers, one of whom has a son with Autism and challenging behaviour. Ten sessions of two hours sharing tried and tested techniques and strategies to parent children with a range of additional needs and/or disabilities effectively in the 21st Century.

Topics included:

- ✓ Exploring the challenges and stresses of parenting children with additional needs.
- ✓ Gain understanding and build resilient family relationships by sharing the emotional journey of parenting children with SEND.
- ✓ Strategies, solutions, tips and ideas on managing behaviours that challenge.
- ✓ Issues siblings may experience as a result of living with a sister/brother with additional needs/challenging behaviours.
- ✓ Tried and tested communication techniques to reduce angry outbursts
- ✓ Techniques to manage conflict and so much more....

“We learned so much on this course from managing behaviour to coping with stress and even how to support our child in becoming more independent! Learning one of the facilitators has an older son with Autism and they both just get SEN made all the difference.”

Where:

**Oxlease House
Community Centre
Travellers Lane
Hatfield
AL10 8TJ**

When:

**9.30am to 11.30am
Wednesdays**

**June 6th 13th 20th 27th
July 4th 11th
Sept 12th 19th 26th
Oct 3rd**

To book your free place on our award winning parenting course contact Francine & Lesley:

Book direct: bookings@familiesinfocus.co.uk or

Book via website: www@familiesinfocus.co.uk



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A Community Interest Company