

FREE



Parent Network

Parent Network support & information drop in sessions for parents/grandparent/adoptive parents caring for children & young people with additional needs, learning/physical disabilities and/or chronic health conditions.

Families in Focus are running **Parent Network support & information drop in sessions** in **Marshalswick, St Albans** for parents, adoptive parents, grandparents caring for children with any additional need/physical or learning disability/chronic health condition including Autism, ADHD, Down's Syndrome, Cerebral Palsy, PDA, Diabetes, Crohn's and Colitis etc.

Join other parents living in families similar to yours; share experiences and knowledge gained along the way in a supportive and non-judgemental environment. Each session will also have a '**Families in Focus Guide to...**' learning topic:

Where:

**The Alban Way
Children's Centres @
Marshalswick,
Sherwood Park,
Sherwood Avenue,
St Albans
AL4 9QL**

When:

9.30am to 12pm

2018 Dates:

9th May	Welcome & meet the team/Open Forum: What are the issues faced by parents living in St Albans?
13th June	Managing Phone Safety
11th July	Summer Holiday Top Tips
12th September	EHCP: What you need to know
10th October	EHCP: Annual/Draft Review Process
14th November	Handling Anger
12th December	Xmas Strategies & Resource Sharing



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Families in Focus Parent Network also in Watford, Hemel Hempstead, Stevenage, Houghton Regis & Biggleswade