

FREE

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Parent Network

Parent Network support & information drop in sessions for parents caring for children and young people with any additional needs, chronic health condition and/or disability

Come and join parents Lesley and Francine at **Families in Focus** in our **Parent Network support & information drop in** sessions for parents, adoptive parents, grandparents caring for children with any additional need/disability/chronic health condition including Autism, ADHD, Down's Syndrome, Cerebral Palsy, PDA, Diabetes, Crohn's and Colitis etc. in **Watford**

Meet other parents living in families similar to yours; share experiences and knowledge gained along the way in a supportive and non-judgemental environment. Each session will also include a '**Families in Focus Guide to...**' learning topic:

Where:

**Stanborough Centre
609 St Albans Road
Watford
WD25 9JL**

When:

**Mondays
7pm to 9pm**

2018 Dates:

February 19th Phone safety with Maria

March 12th Speaker: Specialist Advisory Service for Communication and Autism

April 23rd Open forum and KIDS

May 14th Children SEND & Transitions at school

June 11th Empathic communication

July 2nd Surviving school holidays

Sept 17th SEND specialist speaker

Oct 15th Benefits speaker

Nov 12th Sensory issues

Dec 3rd Handling stress

Website: www.familiesinfocus.co.uk Email: info@familiesinfocus.co.uk Tel: 01442 219 720

Families in Focus Parent Network also in Hemel Hempstead, St Albans, Stevenage, Houghton Regis & Biggleswade