



For brothers, sisters and parents of children with additional needs

WEDNESDAY'S 4.00-5.30PM

Stanborough Centre
St Albans Road, Watford WD25
9JL

September 12th, 19th, 26th,
October 3rd, 10th, 17th 2018

**Only 10 free children's places
available.**

To find out more and book your
places:

Email:
Francine@familiesinfocus.co.uk
or
Call:
07867510027

For siblings:

For siblings aged 4-10 years, of brothers and sisters of children with additional needs and their parents. Therapeutic play, fun and games with discussions, sharing and expressing feelings, understanding more about your brother or sister and why they do what they do. Find new ways of coping with difficult things and meeting other children who live in family similar to yours.

For parents:

Parents will meet in their own group with Francine and Lesley to understand the needs of siblings and how to best support them, share concerns and learn effective communication techniques to build strong supportive positive family relationships with other parents of children other children who live in family similar to yours.

The important bit

- Siblings must be accompanied by parent/s to all sessions.
- Parent will need to arrange alternative care and accommodation for the child with SEND.
- There will be simple fun family tasks to take home to support learning (taking about 10 minutes per week)

