

FREE



Parent Network

Parent Network support & information drop in sessions for parents caring for children and young people with *any* additional needs, chronic health condition and/or disability

Lesley and Francine at Families in Focus will be running Parent Network support & information *drop in* sessions for parents/adoptive parents/grandparents caring for children with any additional need/disability/chronic health condition including Autism, ADHD, Down's Syndrome, Cerebral Palsy, PDA, Diabetes, Crohn's and Colitis etc. in Hemel Hempstead.

For parents by parents so come and join others living in families similar to yours; share your experiences and knowledge gained along the way in a supportive and non-judgemental, warm and welcoming environment. Each session will also have 'Families in Focus Guide to...' learning topics:

Where:

**South Hill Centre,
Cemetery Hill, Hemel
Hempstead HP1 1JF**

When:

**Mondays
9.30am to 11.30am**



2018 Dates

**September 17th EHCP
Basics: Independent SEND
professional**

**October 15th
Understanding Teenage brain**

**November 12th Sibling
issues**

**December 3rd Handling
Stress**

Lottery funded Families in Focus Parent Network also in Watford,

St Albans, Stevenage & Biggleswade

Website: www.familiesinfofocus.co.uk Email: info@familiesinfofocus.co.uk

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