

FREE



## Parent Network

Parent Network support & information drop in sessions for parents caring for children and young people with any autism, ADHD, additional needs, chronic health conditions and/or disability

Come and join Lesley and Francine at **Families in Focus** in our **Parent Network support & information drop in sessions** for parents, adoptive parents, grandparents caring for children with any additional need/physical or learning disability/chronic health condition including Autism, ADHD, PDA, Diabetes etc. in Stevenage. Meet others living in families similar to yours and share your experiences, knowledge with others who truly understand in a supportive, non-judgemental and caring environment.

### Where:

**Phoenix Centre,  
The Hyde,  
Stevenage,  
SG2 9SE**

### When:

**Thursdays from  
9.30am to 11.30am**



### 2019 Dates:

#### March 21<sup>st</sup>:

*All you need to know to prepare your EHCP*

#### May 2<sup>nd</sup>

*Increasing your child's independence*

#### May 23<sup>rd</sup>

*Understanding Teenage Brain*

#### June 13<sup>th</sup>

*Managing children's everyday anxiety*

#### July 4<sup>th</sup>

*Preparing for the summer holidays*

The Lottery funded Parent Network support & information groups also in Hemel Hempstead (x2 groups) Watford, Harpenden & Biggleswade.

[www.familiesinfocus.co.uk](http://www.familiesinfocus.co.uk)   [info@familiesinfocus.co.uk](mailto:info@familiesinfocus.co.uk)

Join Families in Focus on

