

FREE



Parent Network

Parent Network support & information drop in sessions for parents caring for children and young people with *any* additional needs including Autism, ADHD etc.

Come and join parents Lesley and Francine at **Families in Focus** in our **Parent Network support & information drop in** sessions for parents, adoptive parents, grandparents caring for children with *any* additional need/disability/chronic health condition including Autism, ADHD, Down's Syndrome, Cerebral Palsy, PDA, Diabetes, Crohn's and Colitis etc. in **Watford**
Meet other parents living in families similar to yours; share experiences and knowledge gained along the way in a supportive and non-judgemental environment. Each session will also include a '**Families in Focus Guide to...**' learning topic:

Where:

**Stanborough Centre
Armstrong Room
609 St Albans Road
Watford
WD25 9JL**

When:

**Mondays
7pm to 9pm**

2018/19 Dates:

March 4th

Strategies to manage behaviours that challenge

April 29th

Understanding Teenage Brain

May 20th

All you need to know to start your EHCP

June 10th

Speaker to be confirmed

July 1st

Tips for surviving the summer holidays

The Lottery funded Parent Network support & information groups also in Hemel Hempstead (x2 groups) Stevenage, Harpenden & Biggleswade.

www.familiesinfocus.co.uk info@familiesinfocus.co.uk

Join Families in Focus on 