

Families in Focus CIC

"Passionate about empowering parents"

A Complete Guide to Parenting Children with ANY Special Education Need

This course is free to any parent living in Hertfordshire and caring for a primary aged child awaiting diagnosis or with a diagnosis of Autism, ADHD, etc.

Lesley & Francine are parents and experienced & qualified trainers.

Topics included:

- ✓ Gain greater understanding and answer the question, 'Why does my child do that?'
- ✓ Learn a range of strategies & solutions, to better manage behaviours that challenge.
- ✓ Gain more understanding of anger triggers and strategies to reduce angry meltdowns.
- ✓ Learn how to support siblings living with a sister/brother with additional needs/challenging behaviours.
- ✓ Learn communication techniques to reduce 'emotional traffic jams' and improve your child's emotional wellbeing and regulation
- ✓ Techniques to manage stress, conflict and so much more....

Where:

**The Phoenix Centre
2-6 The Hyde
Stevenage
SG2 9SE**

When:

Thursdays

12-2pm

April 25th

May 2nd 9th 16th 23rd

June 6th 13th 20th 27th

July 4th

"I would highly recommend all parents of children with Autism go on this course - you'll be amazed how much you learn, and it's great that both Lesley and Francine are parents too so really do understand."

Parent of a child with Autism

Funded by Hertfordshire
County Council



Families In Focus CIC
A Community Interest Company

To book your free place on our award winning parenting course contact Francine & Lesley:

**Book direct: bookings@familiesinfocus.co.uk
or**

Book via website: www@familiesinfocus.co.uk