



“I now understand that the way I reacted didn't help my children's anger!

I now have the right techniques for me and my children and the whole house has calmed down.”



Families In Focus CIC
A Community Interest Company

Herts
HP1 1JF

December 3rd 10th

Places are limited and must be booked:

Email: bookings@familiesinfocus.co.uk or

Book from our website: www.familiesinfocus.co.uk

If you are a parent do join us on our closed Facebook group:
<https://www.facebook.com/groups/184975381651870/>

