



FREE

Families in Focus **Just for Dads** Guide to.....

2 hour workshops 'Just for Dads' caring for children with special needs and/or disabilities living in the Watford, Bushey, Radlett & Three Rivers areas – funded by DSPL 9

Where:

Otley Family Centre

Otley Way

Watford

Hertfordshire

WD19 7TB

Time: 7pm to 9pm

Workshop for dads, grandads, male adoptive, foster carers to get together with others caring for children/young people with Autism, ADHD, special education needs etc and share experiences, knowledge and information.

30th September: Emotional journey & and effects on relationships when parenting children with SEND

11th November: Managing your stress

20th January: Parents guide to body changes & hygiene for young people with SEND

9th March: Using empathic communication to build emotional regulation

**To book your free place on contact Francine & Lesley:
bookings@familiesinfocus.co.uk**

DSPL | Developing Special Provision Locally
Be involved, make a difference

DSPL area 9 Supporting families of children with SEND in Watford, Bushey, Radlett & Three Rivers



Website: www.familiesinfocus.co.uk Email: info@familiesinfocus.co.uk Tel: 01442 219 720

Families in Focus Parent Network support & guidance groups in Hemel Hempstead, Watford, St Albans and Stevenage