



Families in Focus CIC Parenting with Empathy

to reduce behaviours that challenge &
build your families emotional wellbeing

A proven therapeutic approach to increase positive family communication to manage behaviours that challenge.

What empathic listening is and how and why it builds strong attachments in families

Encouraging families to build a positive emotional language when managing anger and/or 'emotional traffic jams'

Using empathy to set clear expectations and boundaries to enable children to feel safe

Fully funded by DSPL 9 so FREE for parents caring for children under 11 years old with *any* additional needs and living in DSPL9 areas of Radlett, Bushey, Three Rivers and Watford

Where
Stanborough Centre
609 St Albans Road,
Watford
WD25 9JL

When:

January 13th 20th 27th

12.30pm to 2.30pm

Places are limited and must be booked by contacting Families in Focus CIC

Email bookings@familiesinfocus.co.uk or
Visit our website www.familiesinfocus.co.uk

DSPL | Delivering Special
Provision Locally
Achieving quality outcomes



Families In Focus CIC
A Community Interest Company