

FREE



Parent Network support & information drop in sessions for parents caring for children and young people with any Special Education Needs and/or disability, inclusive of autism and ADHD

Come and join Siobhann and Maria at **Families in Focus** Parent Network support & information drop in sessions for any parent caring for children with any Special Education Need inclusive of Autism, ADHD and also inclusive of those awaiting assessment/diagnosis. Meet others living in families similar to yours and share your experiences, knowledge with others who truly understand in a supportive, judgement-free and caring environment.

Where:

South Hill Centre,
Cemetery Hill,
Hemel
Hempstead,
HP1 1JF

When:

Mondays
9.30 - 11.30am

September 23rd PDA Society - Strategies

October 14th Helena Marks-Dwyer, Independent SEND Advisor: Effective communication with schools. Also included 1:1 appointments with Herts SENDIASS (booking essential - francine@familiesinfocus.co.uk)

November 11th Sensory world through the eyes of a child

December 2nd Practical tips for a calm Christmas

January 20th Relationship issues and SEND

February 10th YC Herts: Parents' guide to body changes and hygiene for young people with SEND

March 9th Managing children's anxiety

March 30th Fussy eaters tips and ideas from a SEND parent



The Lottery funded Parent Network support & information groups also in Watford, Stevenage, Harpenden, Hatfield & Biggleswade.

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