

FREE



Parent Network support & information drop in sessions for parents caring for children and young people with any Special Education Needs and/or disability, inclusive of autism and ADHD

Come and join Maria and Hayley at **Families in Focus** Parent Network support & information drop in sessions for any parent caring for children with any Special Education Need inclusive of Autism, ADHD and also inclusive of those awaiting assessment/diagnosis. Meet others living in families similar to yours and share your experiences, knowledge with others who truly understand in a supportive, judgement-free and caring environment.

Where:

The Harpenden
Trust Centre,
90, Southdown Rd,
Harpenden
AL5 1PS

When:

Thursdays 7 - 9pm

October 3rd YC Herts Parents guide to body changes during puberty & hygiene & young people with SEND

November 7th Relationship tips & parenting a child with SEND

December 12th Christmas tips and children with SEND

January 9th Helena Marks-Dwyer, Independent SEND Advisor: Reasonable adjustments. SENDIASS 1:1 appts (booking essential: francine@familiesinfocus.co.uk)

February 6th Managing your stress and anxiety with Francine and Lesley

March 5th Guide to helpful services in Hertfordshire

April 2nd Beverley Hamilton, SEN Consultant at Ask Bev Consultancy: Strategies to manage behaviours that challenge



The Lottery funded Parent Network support & information groups also in Hemel Hempstead (x2 groups) Watford, Stevenage, Hatfield & Biggleswade.

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