

Families in Focus CIC

"Passionate about empowering parents"

A Complete Guide to Parenting Children with ALL Special Education Need

This course is free for all parents living in Hertfordshire and caring for a primary aged child inclusive of those awaiting diagnosis or with a diagnosis of Special Education Needs, Autism, ADHD etc.

Lesley & Francine are parents, experienced & qualified trainers too.

Topics included:

- ✓ Gain greater understanding and answer the question, 'Why does my child do that?'
- ✓ Learn a range of strategies & solutions, to better manage behaviours that challenge.
- ✓ Gain more understanding of anger triggers and strategies to reduce angry meltdowns.
- ✓ Learn how to support siblings living with a sister/brother with additional needs/challenging behaviours.
- ✓ Learn communication techniques to reduce 'emotional traffic jams' and improve your child's emotional regulation
- ✓ Techniques to manage stress, conflict and so much more....

Where:

**Stanborough Centre
609 St Albans Road,
Watford
WD25 9JL**

When:

Wednesdays

9.30am to 11.30am

January 8th, 15th, 22nd, 29th

February 5th, 12th, 26th

March 4th, 11th, 18th



"I would highly recommend all parents of children with Autism go on this course - you'll be amazed how much you learn, and it's great that both Lesley and Francine are parents too so really do understand."

Parent of a child with Autism

Funded by Hertfordshire CC for Hertfordshire parents



Families In Focus CIC
A Community Interest Company

To book your free place on our award winning parenting course contact Francine & Lesley:

Book direct: bookings@familiesinfocus.co.uk or

Book via website: www@familiesinfocus.co.uk