

A Complete Guide to Parenting Children with ALL Special Education Needs

& related conditions inclusive of those awaiting diagnosis/assessment



This course is free for all parents living in Hertfordshire and caring for a primary aged child inclusive of those awaiting diagnosis or with a diagnosis of all Special Education Needs, Autism, ADHD & related conditions

This course will provide you with:

- Greater knowledge and understanding of SEND language and acronyms**
- Greater understanding and answer the question, ‘Why does my child do that?’**
- A range of practical strategies to better manage behaviours that challenge.**
- Clearer understanding of anger triggers and strategies to reduce angry meltdowns.**
- Techniques to support siblings living with a sister/brother with additional needs/challenging behaviours.**
- Communication techniques to reduce ‘emotional traffic jams’ and improve your child’s emotional regulation**
- Tried and tested strategies to reduce conflict within your family**
- Understanding of the feelings & emotions of parenting children with special needs**
- Techniques to help manage family stress**
- Increased knowledge of the range of services and organisations that can support you and your family**

ST ALBANS: 10 x Wednesday evenings 6.30pm to 8.30pm

September 9th 16th 23rd 30th October 7th 14th 21st November 4th 11th 18th

Book via Eventbrite: <https://www.eventbrite.co.uk/e/complete-guide-to-parenting-children-with-send-aged-2-11-years-st-albans-tickets-104322009940>

SOUTH OXHEY: 10 x Wednesday mornings 9.30am to 11.30am

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