



Families in Focus CIC

Parenting your child with special needs with Empathy

to reduce behaviours that challenge & build your families emotional regulation

A proven therapeutic approach to increase positive family communication to manage behaviours that challenge. This course will enable you and your family to:

Understand empathic communication and how and why it builds strong attachments for the whole family

Enable your family to build a positive emotional language when managing anger and/or 'emotional traffic jams'

Using empathy to set clear expectations and boundaries to enable children to feel safe

Fully funded by DSPL 9 & FREE for parents caring for children under 11 years old with Autism, ADHD, Special Needs & related conditions, living in DSPL9 areas of Radlett, Bushey, Three Rivers and Watford

Where
Otley Way Family Centre
Otley Way,
Watford,
WD19 7TB

When:
Tuesdays 9.30am to 11.30am
Nov 24th,
Dec 2nd & 8th

Free places are limited and must be booked by contacting Francine & Lesley @ Families in Focus CIC

bookings@familiesinfocus.co.uk

DSPL | Delivering Special Provision Locally
Achieving quality outcomes



Families In Focus CIC
A Community Interest Company